

Element Name:

Kuta'mru: Ritual held during the Chawmos festival expressing harmony with domestic animals associated with the Kalasha community

Community (ies) Concerned:

Kalasha community of Bumburet, Birir, and Rumbur valleys are involved in the practice of the element. Adult male members of the family are involved in the ritual purification and grinding of wheat. Women are involved in the preparation of dough, and young boys considered *Onjesta* (pure) are normally (but not exclusively) involved in the sculpting of the *bira* (markhor) considered an *Onjesta* animal. The ritual is considered a family affair with everyone participating.